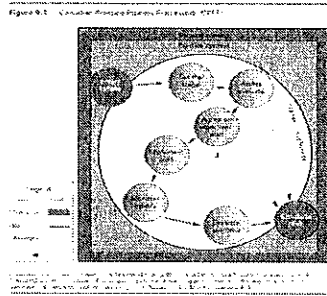
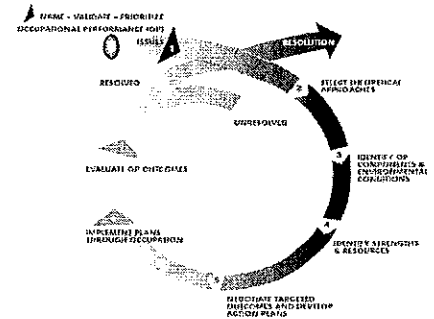


**Begin the process**

**CPPF**



**OPPM**



**Action point 1**

- Who is the client? (an individual, family, group, organization, community?)
- Does it appear that the client needs occupational therapy services?
- What are the client's perceived occupational challenges?
- Has the client consented to participate with the occupational therapist?
- What model of service delivery seems most appropriate to work with the client?

**Action point 2**

- Can the occupational therapist provide what the client needs?
- What are the client's perceived or potential occupational issues?
- What are potential occupational goals for the client?
- What theoretical frameworks will guide the assessment process?

**Stage 1**

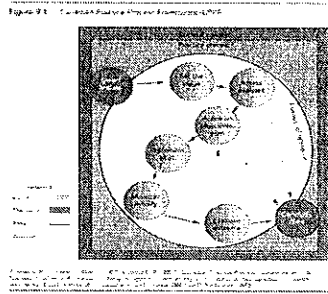
- Does the client need occupational therapy services?
- Can the occupational therapist provide what the client needs?
- What are the client's perceived areas of difficulty or OPIs?
- How will you gather the information needed to determine the client's OPIs?
- Which OPIs would the client like to address first and how will this be determined?
- What might be some of the underlying causes for the OPIs?

**How are the process frameworks similar/different in terms of beginning the process?**

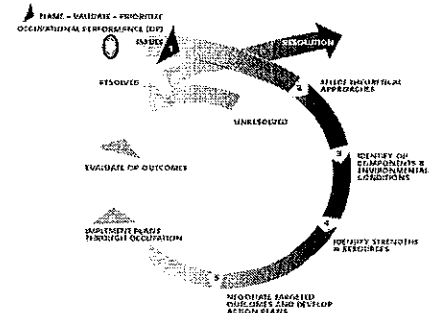
**Would using the CPPF or OPPM result in a different approach if you were the occupational therapist working with Jane? (refer to case study)**

Use of theory

CPPF



OPPM



**Action Point 1**

- What model of service delivery seems most appropriate to work with the client?

**Action Point 2**

What theoretical frameworks will guide the assessment process?

**Action Point 3**

- What needs to be assessed based on the frame of reference selected in action point 2?

**Action Point 5**

- What frame of reference should guide the plan developed in action point 4?
- What frame of reference is guiding the implementation of the plan?

**Stage 2**

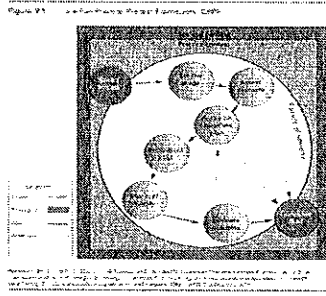
- What are the OPIs identified in stage 1? What is the underlying cause of the OPI?
- Which theory will you use to guide the assessment process?
- How are you going to assess this client? What needs to be assessed? What is the purpose of the assessment(s)?
- How do you foresee working with/treating this client?
- What does the evidence from the literature suggest about dealing with this issue?
- What is your clinical practice model? How often will you see the client?

**How are the process frameworks similar/different in terms of the use of theory?**

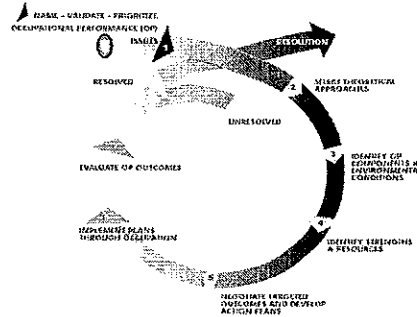
Would using the CPPF or OPPM result in a different approach if you were the occupational therapist working with Jane? (refer to case study)

**Assessment**

**CPPF**



**OPPM**



**Action point 3**

- What needs to be assessed based on the frame of reference selected in action point 2?
- How should the assessment be conducted?
- What do the assessment findings mean in terms of the client's occupational issues?
- Should the occupational therapist – client interaction continue to the next action point or end at this point? (This may occur if: no occupational issues or goals are noted; the referral was for assessment and recommendations only; the client and therapist may decide to end the relationship because of a conflict in values leading to a breakdown in the process.)

**Stage 3**

- What are the identified OPIs? What is the underlying cause(s)?
- What person factors are contributing to the OPIs - physical, cognitive, affective?
  - What will you assess? How will you assess it?
- Which person factors should be targeted for change?
- What environmental factors are contributing to OPIs? (physical? social? cultural? institutional?)
  - What will you assess? How will you assess it?
- Which environmental factors should be targeted for change?

**Stage 4**

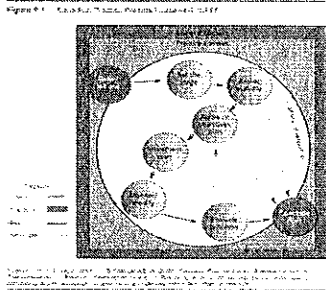
- In conjunction with the client, consider the following questions:
- What are his/her personal strengths?
  - What are his/her environmental resources?
  - What are his/her occupational strengths and resources?
- For the therapist, consider the following questions:
- What are your personal strengths?
  - What are your environmental resources?
  - What are your occupational strengths and resources?

How are the process frameworks similar/different in terms of their discussion of assessment in the process?

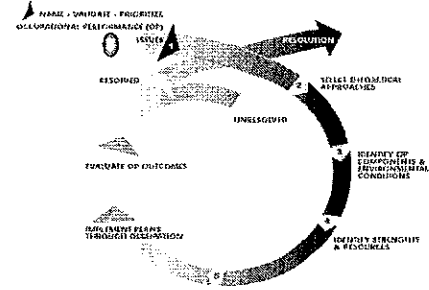
Would using the CPPF or OPPM result in a different approach if you were the occupational therapist working with Jane? (refer to case study)

**Intervention**

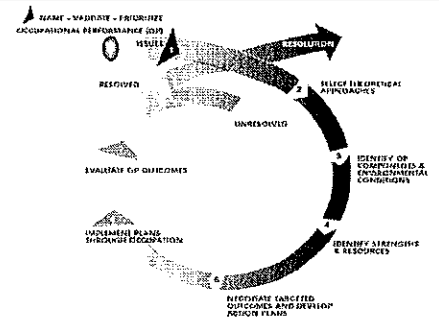
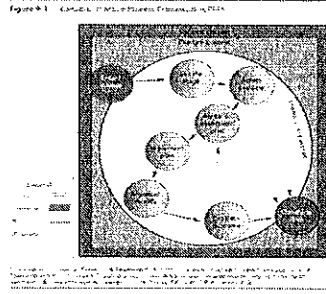
**CPPF**



**OPPM**



<p><b>Action point 4</b></p> <ul style="list-style-type: none"> <li>• What is/are the occupational goal(s) that the client wants to work towards?</li> <li>• What action-based objectives need to be achieved to reach the goal(s)?</li> <li>• How will the objectives be achieved?</li> <li>• Does the plan consider the occupational goal, objectives, background, assessment findings, a timeline, resource requirements, stakeholder involvement and evaluation methods?</li> <li>• Should the occupational therapist – client interaction continue to the next action point or end at this point?</li> </ul> <p><b>Action point 5</b></p> <ul style="list-style-type: none"> <li>• What needs to be done to implement the plan?</li> <li>• Who needs to act?</li> <li>• What enablement skills should be used by the therapist?</li> <li>• What frame of reference is guiding the implementation of the plan?</li> <li>• How is the client engaged through occupation to implement the plan?</li> </ul> <p><b>Action Point 6</b></p> <ul style="list-style-type: none"> <li>• Is the plan being implemented as anticipated?</li> <li>• Is progress being made towards achievement of the objectives and occupational goal(s)?</li> <li>• Have there been changes to any of the contextual factors affecting implementation?</li> <li>• Are modifications needed to ensure successful achievement?</li> </ul>	<p><b>Stage 5</b></p> <ul style="list-style-type: none"> <li>• What is the scope of the services you can provide?</li> <li>• Do you/your client have the strengths/resources needed to accomplish the plan?</li> <li>• What are your time frames?</li> <li>• Have you worked collaboratively with your client to develop the targeted outcomes and action plans?</li> <li>• Have you developed targeted outcomes based on the client's OPIs?</li> <li>• Have you developed action plans based on the client's occupational profile, the selected theoretical approaches and evidence-based practice?</li> <li>• Are the targeted outcomes/action plans measurable?</li> </ul> <p><b>Stage 6</b></p> <ul style="list-style-type: none"> <li>• What strategies are you going to use to facilitate client involvement/engagement in treatment? /</li> <li>• Is the occupational intervention meaningful to your client? Will the activities be meaningful to the client and accomplish the targeted outcomes?</li> <li>• Do the activities need to be graded? Are environmental modifications required?</li> <li>• Does the plan need to be modified?</li> <li>• Are the outcomes following intervention measurable?</li> </ul>
<p>How are the process frameworks similar/different in terms of their discussion of <u>intervention</u> in the process?</p>	
<p>Would using the CPPF or OPPM result in a different approach if you were the occupational therapist working with Jane? (refer to case study)</p>	
<p><b>Alternate process pathways</b></p>	
<p><b>CPPF</b></p>	<p><b>OPPM</b></p>



**Action Point 3**

- Should the occupational therapist – client interaction continue to the next action point or end at this point? (This may occur if: no occupational issues or goals are noted; the referral was for assessment and recommendations only; the client and therapist may decide to end the relationship because of a conflict in values leading to a breakdown in the process.)

**Action Point 4**

- Should the occupational therapist – client interaction continue to the next action point or end at this point? (Note that the relationship may end at this point if the occupational therapist is in a consultation role, the client and therapist may agree that the occupational therapist is no longer needed, OR the referral may specify that the consultation ends with a plan established).

**Action Point 7**

- Are there further occupational issues that should be addressed?
- Should the practice relationship continue (by returning to Action point 4) or conclude at this point?

**Action Point 8**

- Do you and the client agree that the practice relationship should conclude?
- What documentation is required for a final report?
- Are further referrals needed for other services?
- Is the client clear on how to re-enter an occupational therapy practice relationship if needed?

**Stage 7**

- Have OPIs been resolved?
- Have you achieved the targeted outcomes? How will you know?
  - For example, is there a change in satisfaction or perceived performance on the COPM (if used in the initial assessment)? Or, have you seen an improvement in goal attainment scaling scores?
- Does the client still require occupational therapy services? Are there other targeted outcomes/goals that you can work on together? Is the client ready for discharge?
- Does the client require other services?

**How are the process frameworks similar/different in terms of their discussion of the alternate process pathways in the process?**

**Would using the CPPF or OPPM result in a different approach if you were the occupational therapist working with Jane? (refer to case study)**