Problem Based Tutorials
First Tutorial Session

Introductions and housekeeping issues
- tutor and students discuss their background (education, work) and interests
- tutor may want to discuss personal educational philosophy/approach
- confirm schedule, dates, times of tutorial, tutor availability/access
- exchange telephone, email
- discuss ground rules concerning participation, e.g. lateness, absence, snow day

Create a positive and supportive learning environment
- clarify confidentiality issues (matters discussed within the group should be treated in a respectful and confidential manner, tutor has a responsibility to share information to course coordinator relative to student meeting course objectives)
- encourage students to consider what has worked or not worked in the past and encourage them to identify strategies to improve e.g. What has worked best for you in your previous group?
- open it up to the group to see how they like to work within this tutorials e.g. How would you like to proceed?

Handbook and beginning process
- review objectives, evaluation process
- discuss personal learning objectives (may want to identify this for students to think about and prepare for next tutorial, the objectives should be shared with everyone so that they can be considered during midterm/final evaluations)
- decide which scenarios to cover and when

Scenarios
- students review stem and generate hypotheses based on this information
- hypotheses should be related to occupational performance issues (OPI), as per self-care productivity and leisure, and supported by appropriate rationale
- students generate learning issues and possible resources for next session
- after this is done, give students the additional information for review for next session

Wrap up (allow 10-15 minutes)
- plan for next session
- evaluate session (individual and group), tutor can initiate process to model appropriate behaviors related to feedback

B. Jung, 2011